



Chicken Salad



1.1g
Net Carbs

INGREDIENTS

- 12 ozs boneless, cooked Chicken Breast
- 1 stalk medium (7-1/2" - 8" long) Celery
- 3 tbsps Real Mayonnaise
- 1 tsp Dijon Mustard
- 1 tbsp Parsley

DIRECTIONS

1. Cut chicken into 1/2-inch cubes. Set aside.
2. Mix celery, mayonnaise, mustard and parsley in a bowl. Add chicken and toss to coat.
3. Season to taste with salt and freshly ground black pepper.